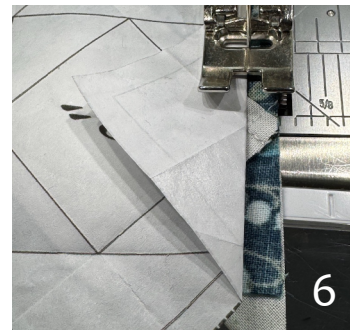
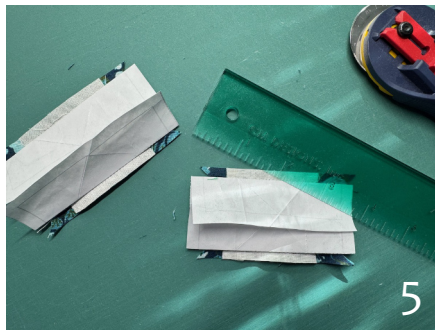
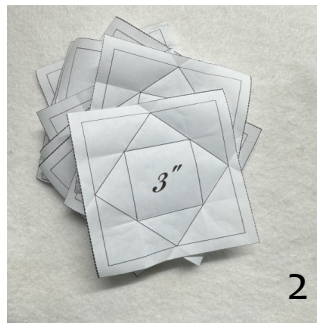
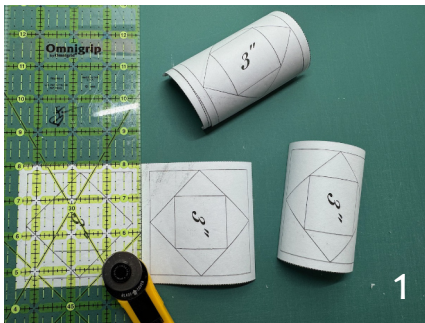


Economy Blocks

or Thrift or Square-in-a-Square Blocks

This is a addition to the handout I wrote in 2020 for making these blocks. They go by different names in addition to the ones above: *hour glass*, *this-and-that*, and even more if they have more rounds.

But they all start the same: a small center square, with triangles added in sequence. I decided to try it using freezer paper. Here's some tips, then printable sheets for printing.



1. Print directly onto the freezer paper. I cut it just slightly smaller than a sheet of card stock, then tape it to that before feeding it through my printer. Cut the squares apart using an old rotary cutter or scissors.
2. Fold on all the interior lines, then fold the other way.
3. Because the center square is so small, place a pin in the center.
4. Sew two triangles on the first round; press to freezer paper. Then sew the last two of the first round, press again.
5. I like to trim these down: fold on the lines, and neaten up.
6. Sew the last round of triangles on, two at a time. Sew **right next to the fold**, not on the printed lines.
7. Press and trim on outside printed seam allowance lines. Remove paper.
8. Paper can be re-used several times.

Elizabeth

OPQuilt.com

1 2 3 4 5 6 7 8

Economy Blocks

