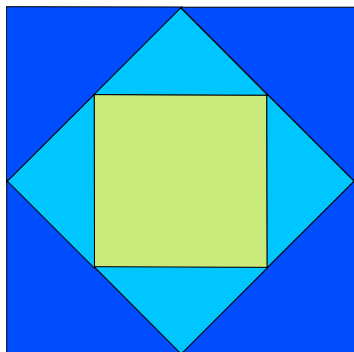


# First Monday Sew-day!

## April 6, 2020



## Square in a Square

A lesson in the time of the corona virus! Since we are all supposed to stay in our houses, I thought the traditional Economy Block, with its square-in-a-square design might echo all that we are feeling now of being in our houses.

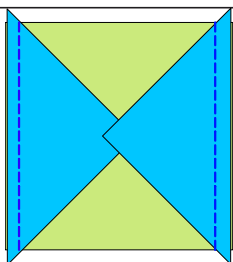
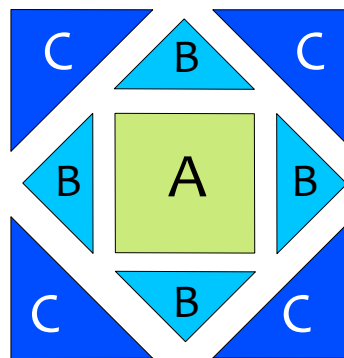
It's a versatile block and easy to make. I include a chart on the other side so you can make it any size, but you might want to start with a **smaller size** just to get your feet wet.

Check measurements for block size desired  
(see chart, next page)

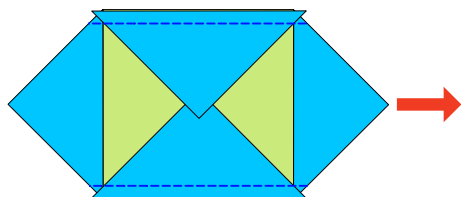
**A** (center)--Cut **one** (1) square

**B** (First round of triangles)-- Cut **two** squares then cut them into diagonals

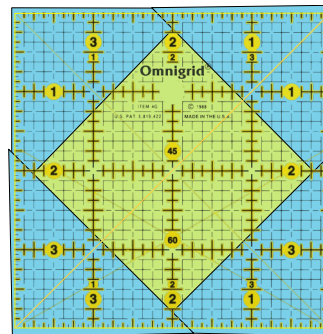
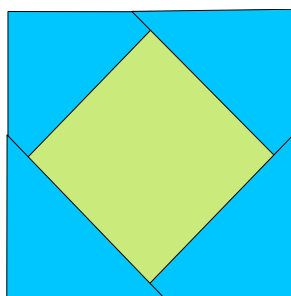
**C** (second round of triangles) – Cut **two** squares, then cut them into diagonals.



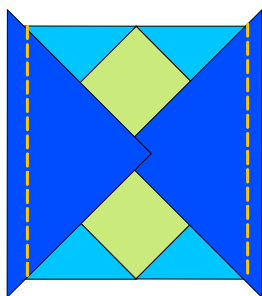
Step 1: Sew two B triangles onto each side of your Center Square A using a scant  $\frac{1}{4}$ " inch seam allowance. Fold to the outside, pressing towards triangle. If they are a bit larger that is okay. Just center them on your block. Stitch, then press open.



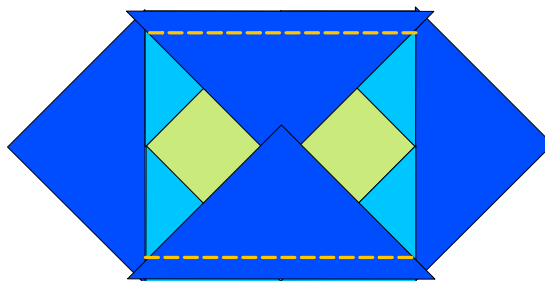
Step 2: Sew two remaining B triangles onto each side of unit made in Step 1, using a scant  $\frac{1}{4}$ " inch seam allowance. Fold to the outside, pressing towards triangle.



Step 3: Line up  $\frac{1}{4}$ " marks of ruler at each point of square. Trim off excess, squaring up the block. See chart for dimensions.

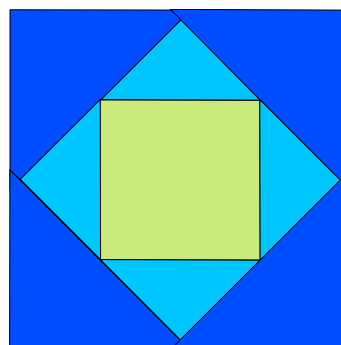


Step 4: Repeat Steps 1 and 2, but this time you are sewing on triangles C around the edges of your center unit. They may be larger than the side, so match up the **centers** of the triangle to the center square points, and not worrying about the extra.



Referring to chart below, trim your block square, cutting off the excess, but making sure you leave 1/4" seam allowances all the way around at the points.

**NOTE:** Trimming up blocks is not an exact science. If your block needs a little more or a little less in dimension, go with what's in front of you. **The measurement that counts the most is the final trim up, after both sets of triangles are sewn on.**



Finished Block	A (Cut one)	B (Cut two)	Trim to:	C (Cut two)	Trim to:
2"	1 1/2"	1 1/2"	2"	2"	2 1/2"
3"	2"	2 1/2"	2 5/8"	2 1/2"	3 1/2"
4"	2 1/2"	2 1/4"	3 1/4"	3"	4 1/2"
5"	3"	2 3/4"	4"	3 1/2"	5 1/2"
6"	3 1/2"	3"	4 3/4"	4"	6 1/2"
7"	4"	3 1/2"	5 1/2"	4 1/2"	7 1/2"
8"	4 1/2"	4"	6 1/4"	5"	8 1/2"
9"	5"	4 1/4"	6 7/8"	5 1/2"	9 1/2"
10"	5 1/2"	4 1/2"	7 1/2"	6"	10 1/2"
12"	6 1/2"	5 1/4"	9"	7"	12 1/2"
15"	8"	6 1/4"	11 1/8"	8 1/2"	15 1/2"

*Catbird Quilt Studio website has an extensive discussion of this block. I used some of her measurements as a springboard for the above chart.*